

Smart but Scattered By Peg Dawson & Richard Guare
Executive Skills Questionnaire for Children – Lower Elementary

Strongly Agree: 5	Agree: 4	Neutral: 3	Disagree: 2	Strongly Agree: 1
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Item	Score
1. Can follow simple classroom rules	
2. Can be in close proximity to another child without need for physical contact.	
3. Can wait until parent gets off phone before telling him/her something (may need one reminder).	
TOTAL:	
4. Is able to run errand with two to three steps.	
5. Remembers instructions given a couple of minutes earlier.	
6. Follows two steps of a routine with one prompt.	
TOTAL:	
7. Can tolerate criticism from an adult.	
8. Can deal with perceived "unfairness" without undue upset.	
9. Is able to adjust behavior quickly in new situation (e.g., calm down after recess).	
TOTAL:	
10. Can spend 20-30 minutes on homework assignments.	
11. Can complete a chore that takes 15-20 minutes.	
12. Can sit through a meal of normal duration.	
TOTAL:	
13. Can remember and follow simple one- to two-step routines (such as brushing teeth and combing hair after breakfast.	
14. Can get right to work on classroom assignment following teacher instruction to begin.	
15. Will start homework at established time (with one reminder).	
TOTAL:	
16. Can carry out a two- to three-step project of their own design (e.g., arts and crafts, construction).	
17. Can figure out how to earn/save money for an inexpensive toy.	
18. Can carry out two- to three-step homework assignment with support (e.g., book report).	
TOTAL:	
19. Puts coat, winter gear, sports equipment in proper locations (may need reminder).	
20. Has specific places in bedroom for belongings.	
21. Doesn't lose permission slips, notices from school.	
TOTAL:	
22. Can complete a short task within time limits set by an adult.	
23. Can build an appropriate amount of time to complete a chores before a deadline (may need assistance).	
24. Can complete a morning routine within time limits (may need practice).	
TOTAL:	
25. Will stick with challenging tasks to achieve desired goal (e.g., building difficult Legos construct).	
26. Will come back to a task later if interrupted.	
27. Will work on a desired project for several hours or over several days.	
TOTAL:	
28. Plays well with others (doesn't need to be in charge, can share, etc.).	
29. Tolerates redirection by teacher when not following instructions.	
30. Adjusts easily to unplanned for situations (e.g., substitute teacher).	
TOTAL:	
31. Can adjust behavior in response to feedback from parent or teacher.	
32. Can watch what happens to others and change behavior accordingly.	
33. Can verbalize more than one solution to a problem and make the best choice.	
TOTAL:	

Key

Items	Executive Skill	Items	Executive Skill
1-3	Response Inhibition	19-21	Organization
4-6	Working Memory	22-24	Time Management
7-9	Emotional Control	25-27	Goal-directed Persistence
10-12	Sustained Attention	28-30	Flexibility
13-15	Task Initiation	31-33	Metacognition
16-18	Planning/ Prioritization		

Your child's executive skill strengths (highest scores)

Your child's executive skill weaknesses (lowest scores)
